THE DREAM WE HAD TOGETHER

A collection of poems 2002 to 2015

The dream we had together



By Dhruva Thapa

Selected Poems 2002-2015

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He is a recipient of the "Poetry Ambassador USA 2006" award from the International Library of Poetry in the U.S. He has been honored with awards and letters of appreciation from many organizations. As a freelancer he has published hundreds of news stories and articles in various online and print media, newspapers, and magazines. Dhruva speaks, reads, and writes in Nepali, English, Hindi, Bengali, and a few other Nepalese and Indian languages. In this book he has compiled selected English poems written during his stay in the U.S. from 2002 to 2015.



OTHER WORKS BY THE AUTHOR

- 1. Aagan Nepali literary magazine (India), 1990–1992
- 2. Pratibha School magazine (Nepal), 1999–2001
- 3. Friends On Earth Souvenir magazine (USA), 2007
- 4. Ultimate Target Musical album (Nepal), 2007
- 5. Outreach Annual magazine, Association of Nepalis in the Americas (ANA) (USA), 2009
- 6. Dhruva Thapaka geet ra kabitaharu Nepali language poetry collection (Nepal), 2010
- 7. KOSELI Souvenir magazine for Visit Nepal Year, Nepal, Association of Global Cooperation (NAGC) (USA), 2011
- 8. Annapurna Roar Lions Club of Berkeley Annapurna (USA),2012
- 9. Taste of the Himalayas Cookbook (USA), 2014
- 10. The Dream We Had Together English language poetry collection (USA), 2015

CONTENTS

About The Author:	4
Other works by the author	5
FOREWORD	8
DREAMS ARE LIKE A KITE	12
YOU ENDURE IN MY HEART	14
DAYS ARE ROLLING BY	16
BE GENEROUS AND HELPFUL	17
PEACE ALWAYS PREVAILS IN OUR HEART	19
RECOLLECTION OF PAST DAYS	21
LET'S END THE CHALLENGES MOST WOMEN FACE	22
RESOLUTION OF MY LIFE	25
LET'S PRAY AND WORK FOR ETERNAL PEACE	27
FOR THE SAKE OF THIS BEAUTIFUL WORLD	28
ANGRY	30
I HAVE STOPPED LAUGHING FROM THE HEART	32
I SENSE BLANKNESS IN FRONT OF ME	33
IN SEARCH OF MYSELF	35
IT'S ALL BECAUSE WE LIVE AT THE BASE	36
MY DEFINITION OF LIFE	38
LET'S LIVE IN PEACE AND HARMONY	40
THE BRIDGE	41
NOTHING REMAINS STABLE	42
NO ONE IS USELESS	44

HOW BEAUTIFUL WOULD	43
BE LIFE	43
JOY AND SORROW	40
WE LACK THE FEELINGS OF HUMAN FAITH	47
LIFE OF AN IMMIGRANT	48
YOU ARE MY LIFE	50
YOU ARE EVERYTHING	51
I AM LOST	52
I AM KUMARI BUT NOT A LIVING GODDESS	53
THE DREAM WE HAD TOGETHER	50
LOVE IS THE ANSWER	57
BLUE AS THE OCEAN	58
MY HEART ACHES WHEN YOU CALL ME NRN	59
ON THE VERGE OF CRISIS	61
BEAUTY IS TO SEE BUT NOT TO TOUCH	64
WE CAN MAKE RIVER TO OCEAN	60
CROSSROADS	68
I SALUTE YOUR VALOR MY FRIEND	70
IT'S COOL TO NOT GO THERE AND HAVE FUN	72
SHIVERS IN THE HIMALAYAS	75
LET EVERYBODY GROW LIKE A TREE	73

FOREWORD

I feel very lucky to be a part of the team that brought this wonderful book of poetry to life. During the editing process, the focus was on keeping the beautiful rhythm and spirit of Dhruva Thapa's words completely intact. I hope you have the same reaction that I do when I read Dhruva's poetry - that he is speaking to me, and giving me a rare glimpse into his life experience, both as an American and as a Nepali. Enjoy these other Comments celebrating the words of Dhruva Thapa.

—Crystal Lee, Team member of the project "The Dream We Had Together"

language book of poetry is coming from a poet of Nepali origin. Dhruva Thapa, a contemporary Nepali poet, short story writer, editor, and writer, now has a new personality of poet in English. There are few books published in the U.S. by writers of Nepali origin, and it is even rarer to see a book of poetry. It was back in 1980 that Columbia University Press published selected poems of Poet Laureate of Nepal Laxmi Prasad Devkota. Besides Devkota's poems, translations of poems by other Nepalese poets have been published in magazines such as Manoa Magazine Nepal issue and Atlanta Review. It is significant that those poems were translations and this entire book is written in English. I was fortunate to edit Dhruva Thapa's Nepali- language poems and lyrics a few years back. I am

happy his second poetry book is in English. I am confident that this book will be a window through which non-Nepali readers in the English-speaking world can get a glimpse into Nepali feelings.

---Govinda Giri Prerana, Nepalese author and poet

Reading the poems of Dhruva Thapa is being in the presence of a great heart - one just, generous, and sympathetic. He champions equality: "If every small voice were heard / And given equal importance / All would grow like a tree / Expecting to touch the sky." He sympathizes with the living goddess Kumari's "desire to be a child." He advocates women's rights: "Where a goddess may be worshipped / But females are murdered in their wombs / Before they are born."

Dhruva Thapa writes of his childhood days in Nepal "Where I lived carefree and happy/ Like a bird I could fly anywhere. / Those beautiful rivers and lakes / Where we used to swim till dawn." One of his most powerful poems is about serving in the revolution for rights, equality, freedom, and a happy, prosperous life. Sadly, he discovers that once they had won the war, the same suffering and injustices returned. Reluctantly leaving Nepal, he writes of immigrants enduring hardships to achieve the American dream for their children. Some of the most poignant poems are about his yearning for his wife: "We are two bodies with one soul / Living in different parts of the world." But he never gives up hope: "I am waiting for the moment / When the day passes / without alarming the night / And night invites

wholeheartedly / At every daybreak the growth of / Prosperity and eternal peace." Love, he says, is the answer: "Even a flower blossom doesn't move / If the wind stops loving it and singing its fragrance."

—Jim Hughes, Ph.D., Writer and teacher consultant, Bay Area Writing Project

I feel honored to write a few words on poet and literary journalist Dhruva Thapa's collection of poems, which emerges as a notable contribution in the horizon of Nepali diaspora literature in North America. As manifest in almost all the poems in this collection, Thapa's poems explore the petals of life that unfold spontaneously onto the pages of love, relations, cultural integrations, and, overall, respect for humanity.

One petal of Mr. Thapa's poetry opens up with a longing for childhood life, for friends, and for the robust spirit of humanity. He cherishes the mustard field, rivulets, and the golden paddy field where he learned to flourish with love, respect, and praise for humanity when growing up in the hinterland of Nepal

("Recollection of Past Days"). The poet not only misses the flora and fauna, and physical proximity of the land he grew up in, but also feels distracted by the glitter of his new place, pushing into oblivion warm feelings of friendship, love, and the common dreams he had with his compatriots,

as expressed in "The Dream We Had Together. "Throughout this collection, such a deep longing for the past and bygone memories represents a common thread of longing and belonging that weaves together a majority of diasporic peoples living across oceans, much farther from the horizons of their birth land. I am hopeful that poet Thapa's creative hands will remain active in the future. I wish for the continuation of his creative vigor so we could relish more literary delicacies in the days to come.

—Tika Lamsal, Ph.D., Assistant Professor, Department of Rhetoric and Language, University of San Francisco





DREAMS ARE LIKE A KITE

Again I am heading to another year
A fresh year, a new year
With many goals to accomplish
With many wisdoms to reveal.
I know I have to make myself
Stronger, wiser, and of course
I have to make myself more considerate
To cope with the many hurdles
that will come my way
A path that leads me to the unknown future.
I know I have to move in nanoseconds
To achieve what I long to achieve
I will need courage, confidence
And of course commitment.

I know, life is bound by limiting circumstances
But dreams are like a kite, flying in an open sky
Don't know what it will bring back
Perhaps new hope, new life, new love, new friendship
Or it could bring me new faith and opportunities.
That's why I have a kite to fly freely in the sky
And a thread that connects me and my kite

A thread by itself can't fly,
Yet by itself it is strong enough to fly a kite.
You know, I don't pray to have many things in life
But I always pray for wisdom and courage
And my wisdom and courage bring positive outcomes

And always lead me to the triumph of life.

Because I have a kite to fly freely in the sky

And I am bonded to it with a thread that brings me back

To my four friends of hope, belief, courage and wisdom.

I am content as long as I have my friends

To guide me where I am going

Else I would end my journey

Somewhere uncertain or unknown.

My four friends always guide me
To lead the life that I choose
I know I can get wherever
I need to go
As I am guided and controlled by a thread
How lucky I am to have a kite
And its beautiful thread in my hand.





YOU ENDURE IN MY HEART

My dear you endure in my heart In my substance, and in my delusion. I pass every solitary moment Imagining that you are with me. Whispering with you till dawn on the riverbank Or walking along the top of a hill. Holding hands on the beach Singing with wild birds in the bush. But you remain beyond my reach Like a solitary moon and star That gaze at each other, every night From opposite ends of the sky. I love the moments when I am alone Because in my loneliness you always come Whether in my night dreams or daydreams. Touching my heart, Leaving your essence and your presence. Is it only an illusion? No, not an illusion but a feeling Like the presence of God in the temple That you never see or meet Still every day you pray to God. You must have faith that God will take care of you In all good or bad times For in that moment you will feel peace of mind As soon as you remember the presence of God. Likewise I feel you within me In my breath, in my every heartbeat

In every pore of my body. How can I live without you? Why don't you come in reality? Why do you come only in dreams? Causing pain in my soul? Every night I gaze at the moon I ask the moon to look for you When it draws near to you I ask the moon to convey a message to you But the moon does not obey. Instead it passes every night Through your skylight wordlessly Without giving you my message Because like me the moon is also lonely and helpless. Even through you endure in the depths of my heart And ease the pain in my soul.



DAYS ARE ROLLING BY

Days are rolling by without hope and purpose Time passes but we never move ahead

All are compelled and helpless

As if life was trembling and baseless.

No one really knows what is going on

And what fate is showing us

Desires, hopes, and expectations

Have become despair, disaster, and distraction.

Perhaps life has turned to pain and anger

Can it be changed?

Yes, it can be changed

For those who are positive and

Learn to be friendly and cooperative.

Leave behind imperfections

Possess good qualities

Overcome ill mentalities

Be optimistic

Courageous and bold

Control emotions

And seek self-dignity.



BE GENEROUS AND HELPFUL

No one can live a life Without desire and passion No one can lead a life Without care and self-respect. Life is not only surviving In the street begging or Showing a placard like "Anything can help" "God bless you" "Spare change." Life is something more than that Every dog has a day but It is only you who knows Which day is for you? In your day only you can achieve What you really want in life If you have the will to live your life completely If you have the longing to live your life with passion. What we are today we may not be tomorrow What we have today we may not have tomorrow So be generous and help those in need Any way that you can. We are superior human beings So show your humanity, act like a human Be human and enjoy being human Feel pride in being a superior human. Whatever situation arises in your life Find value and true purpose in your life

By sharing love and giving a helping hand Just be open enough to offer your hand. Else there won't be any value to life There won't be any passion in life Life is not just to exist or survive To live life is to lead a meaningful life





PEACE ALWAYS PREVAILS IN OUR HEART

Oh God with your eternal power
Please bring peace and harmony in the world
Please help us to be good and faithful to you
And realize the value of the universe.
Let us realize your presence,
The power of your creation.
You have given life to all the creatures
But why did you forget to implant
love and trust In every creature
that you created?

Please let us realize the value of Love and peace of mind So that we all can live a dignified life So that peace always prevails in our heart. Oh God please give us the wisdom To nurture the natural world So that we can preserve your creation. Oh God please make us able to judge What really matters in life To be happy, content, and have peace of mind. Let us realize the value of your generosity That you give us without hesitation You play no favorites nor do you expect anything from us

Like the sun who knows always gives light and life
But in return expects nothing from us.
Make us realize the value of our life
The purpose of our life in this universe
We are not just born by accident
We all are here for a specific purpose
To work for the betterment
Of this beautiful but fragile earth.
Through our words, thoughts, and actions
We can spread our love throughout the world
And bring all good things to the world.
So that we can achieve eternal joy and happiness
I wish nothing from you but peace
To prevail in me and all human beings.



RECOLLECTION OF PAST DAYS

I really miss my childhood days
Where I lived carefree and happy
Like a bird I could fly anywhere.
Those beautiful rivers and lakes
Where we used to swim till dawn
I still recall those beautiful days.
I miss my favorite lustrous mustard field
I miss that golden brown rice paddy
I miss the laughter of my childhood buddy.
I remember playing with My early friends

Gone are those days.
I can remember
The beautiful and joyful moments
I spent in my small village.
Where I learned to share
every delight of life
Where I learned to live and flourish
To love, respect, and nourish.



LET'S END THE CHALLENGES MOST WOMEN FACE

A hundred years is not a joke
One rarely lives so many years
But we have seen the changes
We have read the changes
We have faced the changes
That can occur in a hundred years.

So why have we not stopped demanding
Equal rights and freedom for women?
God has created us equally and
Each generation has fought for a woman's rights
A fight supported by both men and women
Still why are women not treated equally?

Since the early 1900s
International Women's Day has advocated for A woman's right to work, to vote, to hold
Public office and to end
Discrimination, and to gain
Equal justice and social fame.
Still today girls are sold as commodities
Trafficked in many countries,
They are burned or abused
Even killed
In the name of principles, religion, and faith.

We often forget that without women There won't be any progress Without women No life, happiness, generations Or peace.

Even after a hundred years
Women in developing countries
Celebrate IWD day
Carrying placards reading
"End violence against women" and
"Ensure equal pay for equal work."
Still today in many places girls are killed
Before they see the world
No hope to kiss a boy
Attain a measure of joy.

Still today in this age
the U.N. reports in some countries
Girls are killed, abandoned, sold, or raped
Forced into the sex trade.
What a deadly place is a world
Where we cannot all lead equal
lives In the name of caste and
creeds Faiths and religious beliefs.

Still today in many places the birth of a girl Is not celebrated but cursed

And child mortality is high
Among girls in many countries.
Where a goddess may be worshipped
But females are murdered in their wombs
Before they are born.
And even after hundred years we still
Celebrate Women's Day saying
"Connecting girls, inspiring futures"
And the U.S. says

"Empower Rural Women End Hunger and Poverty"
And the European Parliament says
"Equal pay for work of equal value"
And I say,
"End women's violence and maintain peace."
Let's end the challenges that so many women face.



RESOLUTION OF MY LIFE

Today once again
I stand in front of a calendar
Tearing out the last pages of the year.
I close my old diary
As today is the last day of the year.

In front of me is the new diary Which I just bought tonight But I am confused about What to write in this diary.

Every year I write resolutions
That I hardly follow but
The next year
I again write new ones.

I start each New Year
with new plans, new hopes
But as the days pass
I do the same things
That I have been doing
for decades.

That is why this year
I will not write any new resolutions.
Starting a new diary every year
And writing new resolutions
Every year won't help me

Get what I really want in life. So this year I will not make Any resolutions to change my life.

This year I will try to find
True meaning in life,
and its purpose
So that I don't have to pretend to be anything.
I will live, laugh, and spend every moment
Being true to myself and to all.

This year my resolution will be
To stop pretending to change myself
I will be true and faithful
To myself and to the world where I live.
And I will not write any more resolutions.



LET'S PRAY AND WORK FOR ETERNAL PEACE

Peace has gone from the world
War and hatred spread to all parts
What will be the future of the world?
Corruption and crime are everywhere.

Perhaps there won't be any peace now
As the situation in the world worsens
Peace only remains
Inside temples, schools, and books.
Preaching, teaching, and ideals
Have been caged within
Where there is only hatred and misdeed
That's why peace is gone indeed.

But there is still hope to overcome evil Because every dusk turns to dawn Violence can be turned to peace Sorrow can be turned to bliss.

And one day there will be peace
Where everyone can lead a happy life
Let's pray and work for eternal peace
To come from a clear mind, body, and soul.



FOR THE SAKE OF THIS BEAUTIFUL WORLD

Who knows the future of the world? It changes from day to day
No one cares about its future
Everyone only wants to achieve
Their own personal goals.
War, crime, hatred, and anguish
Have become part of daily life.

Weather, animals, and forest All are altered in our marathon to deplete.
Airplanes never reach their destination
Vanishing in the vast cloud of the sky
Without any message or sound of alarm.
Life has become so mechanical,
Controlled by electronic devices.

All are busy fulfilling their own desires
Who is responsible for our world?
You, me, or someone else?
No one cares
It is not their cup of tea.
But the day is not so far
When we neither have a cup nor tea.
Let us be the catalyst to protect

the world For the sake of our future generations
For the sake of this beautiful world.
Let ecological systems continue to go their natural ways
Let us not control nature for our personal benefit
Let every creature live and grow in the way
That nature has meant for it
Because we do not make nature
How can you destroy it if you can't make it again?



ANGRY

You know nowadays I get angry easily I don't know why I always try to remain cool and calm But it doesn't happen. You always tell me to cool down I recall your advice "never get angry" You don't look good when you're angry But what can I do? I am so far from you You are not there to console me when I am upset You are not there to quite me when I get angry. You know I want you by my side To cool me down and keep me calm But you are thousands of miles away. Maybe that's why I get angry It's not with you or anyone else Instead I am angry at my own fate and destiny With my own situation and condition. I am not well nowadays I get upset with everything I do But you are not there to wipe my tears You are not there to soothe my fears. When I get back from tedious work I wish you were there To welcome me with a cup of tea Like you used to make, whenever I returned. Now I see your face in cold freezer foods Teasing me in my helplessness

I wish you could cook every meal
Hot and welcoming when I get back.
That's why I get angry and don't obey you
Because every moment I need you.
We are made for each other, they all say
But I have travelled very far away.
We are two bodies with one soul
Living in different parts of the world
Where even the days and nights are not the same
There you are getting up when
I go to sleep here.
How can I expect your love and care?



I HAVE STOPPED LAUGHING FROM THE HEART

This afternoon
I felt alone and lonely
Perhaps you too are feeling the same
I wonder when I will see you and hug you
Give you all the love in my heart and soul.

Today I see the roses to be dull and ugly No nightingale sings a song for me No voyager ship sails for me to come to you No dove brings my message to you. Am I really so hopeless? I was not so before But as the horrid afternoon turns to horrible gloom I feel as lonely as the moon in the solitary night There are millions of stars to gaze at But for me no company to share the sight. Why does the cruel darkness return every evening? Where is the glorious sun the next day? I have stopped laughing from the heart Since I have been away from you I miss every second that we spent together Every delight and distress we faced together.

I SENSE BLANKNESS IN FRONT OF ME

I see an old man walking along the road Carrying a rugged bag and an old umbrella He laughs without reason and talks alone As if he wants to express the feelings Piled up in his heart and mind.

He must be blaming someone Cursing every day his own situation Might be in search of the love and affection That he has lost along with his days.

He might have been happy and living a good life But now he's got nothing except his rugged bag and old umbrella It seems that he has mislaid his bliss Yet sometimes he has the air of a scholar, well dressed.

Perhaps he imagines that he goes to his office Where his beautiful secretary awaits He carries his files and day planner with importance As if he lives in a beautiful Victorian house At the top of the Berkeley hills. Who knows?

In his mind it could still be there waiting for him He could be the victim of great depression

Having lost everything.

I can't ask him and neither can you,

Because of concern for his privacy
Privacy matters more than anything here.
Everybody lets him go his own way
Who cares?
And right now he has nothing except his rugged bag
and old umbrella
That he holds so firmly all the time
His shabby stuff the last defense he has left.
I see him every day on my usual walk outside Sometime
I feel myself walking along the road too
Carrying a rugged bag and old umbrella
I sense blankness in front of me.
I guess . . . my shadow?
My future?
Me?

IN SEARCH OF MYSELF

I have lost myself In the throng of this city. I am in search of my dignity My freedom and my own image. Days have passed, I am walking On every street Downtown on every avenue Where I can see myself in glass windows. But I think I am lost in this crowd. That's why I am not remembered Nor is anyone looking for me. Who cares about a stolen golf ball? When a new one can be easily replaced. Who cares to recycle other people's discards That have no value for anyone Like an umbrella needed only when it rains. We all have come to realize No one cares if there is no gain. But I do have my own image Even if lost or misplaced The day is not far off when I am looked for And given my image and dignity once again.

IT'S ALL BECAUSE WE LIVE AT THE BASE

There is a mountain in front of me Dividing two lands completely When I was at its base I had one view only When I climbed the mountain I could see what lay beyond. As Lascended to the summit I saw both lands were the same, undivided Sharing the same beautiful blue sky Like the deep blue eyes of an angel Silver clouds crossing the horizon like a smile of a baby. When I descended the other side It was like crossing over a massive ocean From one side to another there was no border The same water shared, stretching to every corner. But here at the base we have invented physical boundaries. That are not as smooth as water, or undivided Because here we see only one part of the land And the horizon leading away. Because we live in the base We always fight We never try to make it to the top We learn to differentiate

With different names, causes, and faiths. Living under the same undivided sky

Breathing the same undivided air

Is it fair?

Is it right to discriminate against each other?

Maybe because we all live in the base

Our thoughts are also baseless

We even try to divide the entire sky

Which is really one sky, undivided and whole.

We never learn to be broad like the sky

We never try to be wide like the ocean and simply flow

We are antagonistic and boorish

Maybe because we live in the base

We are baseless.



MY DEFINITION OF LIFE

Life as we know it is always different We hope life is good But it can turn out bad. Perhaps that's just life. Life must possess Some good news That leads to inner satisfaction Inner happiness and beauty Hopes and expectations That can be attained. Life, without any hope, Expectations, or desires Can it be a life? Life should possess good things Life should possess hope Hope to remove the world's suffering Hope to raise family with dignity Hope to lead life in eternal peace Hope to live a quality and meaningful life Without fear of losing your job, Or losing family and dear ones. Life is not running after wealth and money Though that is also part of life. If we just run after money

We get nothing except money, Frustration, and tension. I hear people saying, "I don't like it" but everyone is Compelled to have it
And they end up living life
Without joy and happiness.
So in the end I can't define life
Because for me life is an idea
Which I can't express in words
Because life has to be felt and fulfilled.



LET'S LIVE IN PEACE AND HARMONY

There is a big ocean that divides us
But that is only a physical boundary
Emotionally we are always one
Because both of us breathe the same air
That is everywhere.

We feel the same ocean currents and tides The difference is that When I go to sleep here, you are waking up there But we get warmth from the same sun We get love and affection from the same earth. We have the same faith and believe that there is one god Though our religions may go by different names Whatever path you choose to follow You get the same eternal God Who never discriminates by caste or creed Who never discriminates in any way. East or west, we all are the same Let's develop human kindness and treat each other equally Let's stop fighting for no reason at all Let's live in peace and harmony forever.



THE BRIDGE

Somewhere in this world People live in awful conditions For them the sky is the roof The world is their room They have no family, no love, They have an insecure life and future. In another part of this world People live in exalted conditions They can afford anything they wish They acquire whatever they wish. They can afford to procure anything But they are not happy Because materialistic values can't buy Human love, care, or affection. In so many places in the world People are not happy Either they are too modernized And have lost their humanity Or their means are too meager to afford Basic requirements. So let's become a bridge to fill the breach So everyone can live a happy and fulfilled life The kind of life all human beings try to achieve. It's possible only if you and I make it happen.

NOTHING REMAINS STABLE

Up and down, rise and fall All are natural phenomena Nothing remains steady Nothing remains stable. Whether it is life or death Whether it is success or failure We have to face everything That comes our way. Even the vast ocean moves In just a blink of the eye When the powerful moon and the earth Show their power. We can't change nature But we can move accordingly We can sail our boat easily If we don't go against the current. Life is as dynamic as time That doesn't wait for anyone Neither beauty nor youth remain forever. Except our past and the deeds That we do They remain forever in our heart and in the brain. Often we are reminded of our mistakes, Achievements, or our past deeds. But no one can replay or mute the past Like you can on an Xbox or PlayStation We cannot fast forward the challenges of life.

We must accept the fact that

Every change in our life
Every situation of our life
Is the outcome of the passage of time
And because of time
We constantly encounter change.
Up and down, rise and fall
Because nothing remains static
Nothing remains stable.



NO ONE IS USELESS

We must learn to know The importance of being alive We must be able to know How to be happy and to survive. No one is useless on this earth Even if someone is lean and lank Everyone has their own role on the earth So be optimistic and frank. Never feel that you are inferior Never feel that you can't do something We all are certainly superior But remember no one can do everything. So be positive and optimistic To achieve success in life Be courageous and realistic To accomplish your vision in life. Life is about more than working nine to five We eat and drink to excess and miss the essential Our aspiration should be not only to survive But to fulfill our full potential.

HOW BEAUTIFUL WOULD

BE LIFE

I am waiting for the moment When the day passes Without alarming the night And night invites wholeheartedly At every daybreak the growth of Prosperity and eternal peace. A world where all creatures can safely Sustain, prosper, and express Their feelings, emotions and desires How beautiful would be life! To have no chaos For all creatures to thrive Everything would grow naturally Like flowers in the Garden of Eden Like life as beautiful as heaven Not a Pandora's Box That contains all the evils of the world. I am in search of a box not like Pandora's But a box full of happiness, wisdom, and contentment Where no one will lure me in to commit sin Sin that we face every day Sin that we commit every day. I am waiting for the day Where everything and everyone can prosper freely Without fear, chaos, or misfortune.

JOY AND SORROW

I perceive you are not well nowadays Every day I hear you are sick and wounded I dream of coming to see you every day But I can't as I am trapped and surrounded. I know you are in need of me To care and nurture your farm I hope you are still waiting for me To love and cradle you in my arms. You gave birth to millions of children Hoping to keep your name and strength You planted millions of flowers in your garden But you got only distress and no new power. Generations have passed awaiting Peace and harmony in your bosom Everyone is trying to leave you and part ways Why does no one come back to bring change? Have patience I am coming soon to you I want to share joy and sorrow with you But I can't tell you when I will be there As I am confined in a cage of my own making.



WE LACK THE FEELINGS OF HUMAN FAITH

I see the image of Buddha
Meditating along the side of
Lakes, rivers, forests, and hills.
I observe myself in a huge mirror
I find there the integration of
Many cultures, religions, and faiths.

When I speak in front of the mirror
Out of my mouth comes all the
languages of the world
Yet conveying similar feelings
Only the words being expressed are different.

If we all are the same human family
If we possess the same soul and blood in our body
Why there is hatred everywhere?
Perhaps we have a lack of faith and brotherhood
That invites bias among each other
That hinders the feeling of global citizenship
That disturbs the ecology of the world
That leads us from destruction to death
That turns us from human to inhumane.



LIFE OF AN IMMIGRANT

On a clear sunny day
Who likes to be indoors?
A bright summer day
Means a day to celebrate
Have fun and go on an outing.
But it's not that way for everyone
It's only for those who know how to live
For those with good companions
A decent job and an American dream.

He knows life is worthless
With no pleasure or happiness
No friendships or friends to hang around with
People like him
Have no buddies, no time,
And can't afford to go on vacations.
For them there is no difference
Whether it is Sunday or Memorial Day
Thanksgiving Day or Independence Day
His own birthday or his sweetheart's birthday.
Days pass without celebration.
In the evening or at midnight
If they get a little spare time
They toss back a glass of wine or beer
Share an unpleasant kiss and go to bed.

Because they don't want to disturb their kids
After all they all are enduring
these hardships for their kids
Trying to achieve the American dream for them
Sacrificing their own life and happiness for them.

They are immigrants

First generation immigrants.

Life passes them by

Whether it is a clear sunny day

Or it is a feast day and a festival is happening

Next to where they live

Because they can't afford to go.

For them work is everything

Without concern for breaks or vacations

Work, work, and work

Because they are here to work

Because they are immigrants

And that is the life of an immigrant.

They dream that they will overcome these hardships

They will lead a decent life, go for long vacations

Spend a few months in their motherland

But now it's not time to think about this

Because they still have small kids.

YOU ARE MY LIFE

Oh dear my affection
Oh dear my emotion.
How can I live without you?
I can't remember a moment without you.
You are my life
You are my wife.

You are everything for me
You are inspiration to me.
What I am today is because of your dedication
Where I am today is because of your devotion.
You are always my illumination
You are always my inspiration.

You are not only my affection
You are my own reflection.
Oh dear my adoration
Oh dear my compassion.
How can I live without you?
How can I celebrate without you?
How can I retreat with you?
How can I disappear with you?



YOU ARE EVERYTHING

My life would be worthless If you were not there My life would be baseless If I didn't have your care. How can I live without you? My every breath is yours My every heartbeat is yours I feel content even if I only dream you. If you had not given name to our bond I would be floating in pain of wound. I could never achieve what I have today You opened the way to my bright day. You always remained behind me You always remained within me Like the North Star Showing the way to every voyager. You cared for me and inspired me To achieve what I dream You confronted so much pain and sorrow And gave me everything, all your joy and bliss. That's why my life would be worthless If you were not there like the North Star. That's why you are everything to me

You are my shining star.

I AM LOST

I am lost

Can you find me?

In the vast ocean of human beings

In the dense crowd of human feelings.

I am trying to find myself,

Somewhere in the hills

Somewhere in the piles of unpaid bills.

I am up in the sky touching the clouds.

Moving higher and higher with applause

Heard only by my own soul.

I swim, jump, climb, and crawl

Trying to staying afloat in the depths of the ocean

The ocean of my own emotions.

Neither at rest or in motion

Moving all the time like a pendulum

Wanting to fly up, float, or just get away

From the marshland of feelings

From the sound of my own brain screaming.

That's why I used to shout

So I could be heard by my own soul.

Did you notice? These days

I have been sinking and submerging

Underneath my own emotions.

But still I sink faster and lower Because

I am trapped

Within my own

Ego, biases, and evil forces.

I am lost within.

I AM KUMARI BUT NOT A LIVING GODDESS

I am waiting for the bright days to come In my life bringing all kinds of delight Waiting in the cavern for a peek of light. Hoping to get out one day from it Hoping to spread my limbs outside of it Without any obstacle or obstruction. You believe I don't have any obstructions As I am a Goddess to fulfill all your Dreams and desires.

So you ask what my problem is.

My day begins as a clown of the
Circus Everyone comes to see me, worship me
And pay homage to me
The living Goddess "Kumari."
Yes, I am Kumari or Virgin.
But how to explain I am not really a
Living Goddess.
That you worship for divine consciousness
I know you consider me the supreme Goddess
Of this cosmos.

You believe I have
"thirty-two perfections"
But I am just a child, a small baby
I don't know how many perfections I have.
The one thing I do have Is the desire to be a child
But you don't allow me,

Because for you I am a living goddess
I am not supposed to act like an earthly baby.
Do you think my body is really like a banyan tree?
And my eyes are like those of a holy cow?
That I look like a deer or resemble a lion?
Even my voice is not as clear as the duck that you think you hear.
How can you worship me as a living Goddess?
You know if you allow it

I would love to escape
And break through the barriers that stop me from flying.
You know it is a cage with invisible walls It is a cup of
sweet poison well colored

To lure every creature of the world.

It is a swampy land built in an altar.

Once you plunge me in it there is no retreat It is not possible to escape when you release me Because you will find a new goddess to replace me.

You know I have been sinking

All the time sinking without any hope. This is not the life I was hoping to attain But I accept it without objection.

Because I wait for the bright days to come Into my life bringing all kinds of delight To fill my day with vivid light I wait for the bright light to come

So that I can live a life, a child's delight.



THE DREAM WE HAD TOGETHER

I am not a wanderer in search of a dream, I am here because I wanted to be here.

For sure, in the beginning,

I was in a dream

A dream that I always had.

You never wanted me to go away

to find something

That we had not dreamed together.

But I had my own dream

For that I had to leave you

I could not listen to you.

You called me several times to know how I was doing,

But I could not call you back to tell you anything

Because I would be carried away by your words

Because for me

my dream mattered more than anything else.

Let me tell you my friend -

I was busy in my own dream

Because I was in the land of

dreams, desires, and hope

It led me to the opportunity that

I was seeking

It kept me busy trying to achieve what

I was looking for.

Just today, after a decade,

I thought to call you back

But it was too late, you were not there to listen.

I wanted to tell you how I was doing

My friend, I am not doing well because I left you alone So I could fulfill "my own dream", not "our dream" that we had together.

Now I am coming back to you, and I am sure
You are not like me, so selfish and self-centered
Perhaps still in your heart I reside and dwell
Just let me know - where are you these days?
I will leave behind everything that kept me busy before
I realize everything comes and goes but not our past
Our childhood and the dream that we had together.
Can you recall it?
Can we find our childhood again?
Can we fulfill the dream we had together?



LOVE IS THE ANSWER

Love is the means of communication If there is no love there is no communication Even a flower blossom doesn't move If the wind stops loving it and singing its fragrance. When running water falls in love with the beauty of winter It stops everything and shines like a diamond. It is a bounty of love that makes the world Else life would be stagnant and nothing flourish. Love prompts the flower to release its fragrance Birds start singing and peacocks start dancing Even a wild animal relaxes by its mate Pure and natural love makes us calm. Love is love that so pure and subtle That it can pass through the nucleus of the heart And through the black hole to the core of the sun. Love is so powerful and pious It can melt the ice and freeze the fire. Is there anything love cannot do? Love is the answer to all unsolved problems Give love a chance to unearth the mysterious Give love a chance to change your thoughts and ideas. Love is God, Love is Heart, Love is the World It is as high as Everest, it is as strong as a diamond That stands with pride and shines with brightness.



BLUE AS THE OCEAN

I want to embrace you like the ocean That takes in all the colors and sources of water From the world and turns itself to blue. I want to absorb all the love from you And reflect it back from my tiny heart That beholds you and only you. I want to reflect all the affection that I see in your eyes and in your red lips. Whatever color you reflect, I want to be Like the ocean and reflect you only in blue. Blue is my true color but sometime you may see me Changing from milky white to foliage green. The water of the ocean can be any color That it reflects from various sources Or even colorless But ultimately when its heart is full it turns to blue. That is the love the ocean can spread to the world

And that is the love that I can show to you. For you I want to be the sky
Spreading the color of love
For you I want to be the ocean

Taking in all colors and turning them to blue. Can you allow me to reflect them back to you?



MY HEART ACHES WHEN YOU CALL ME NRN

(NRN = Non-Resident Nep<mark>ali</mark>)

I know I left you when you were sick
But there was no way for me to make you better
I tried with all my means to care
for you and cure you
But I was helpless, despairing, and frustrated.

That's why like others I also chose to leave you I know you wanted me to leave, That's why you made it possible for me to leave. Every night after I got home from a day of hard work I called to console you that I am doing fine here. Never expressing my pain and despair But you knew my pain I tried to hide it but it was in vain Because you had learned to understood me even before I was born. You talked with me though I was yet to be born You provided comfort to me in the womb Never complaining about my kicks, punches, and disrespect. But today when you truly needed my help, I am not with you

And now they call me not your son, but a foreigner
I need a visa just to meet you and see you
So I ask you to keep me in your heart
Do not sweep me away like dust.
I am a part of you and that is why
My heart aches when you call me N R N.
What of Lahure, Madan, Buddha, or Bhrikuti
Do you also call them an N R N and abandon them?
Don't you feel pride for them?



ON THE VERGE OF CRISIS

I wanted to learn to read and lead a happy life But there was no choice for someone like me I took on many odd jobs so I could go to school And school being not nearby I had to cross rivers and forests. They knew I wanted to learn, They saw a passion for learning in my eyes. That's why they chose me to join them To fulfill the dreams that we dreamed all the time Through our eyes, through our strength They wanted to bring changes. So we all pledged to help the cause To strive for what we wanted for ourselves, for all A decent life, well-educated family, a good quality of life Where there would not be any suppression, Or any kind of discrimination.

Everybody would get a chance to lead a happy and prosperous life

Without threat of suppression, a people with rights, Equality, and the freedom they had wanted for centuries. I was told to sacrifice my life

For the betterment of the next generation And for our own generation.

We were asked to raise our voices To take the life of those Who had suppressed us for centuries
And we all decided to take part in the change. There
were thousands of daydreamers like me, Who came
together to fulfill their common dreams.

We all left school and the traditional activities

That our ancestors had performed from generation to
generation

We left everything and vowed to serve in the revolution.

We were told that

"Drastic changes come through the barrel of a gun."

Only then would we enjoy true freedom and democracy.

In the process, countless lives were taken or sacrificed. Then one day we were told that the bad days had passed That we had won the war fought against poverty and unjustness And against the present systems.

At that time I saw the rays of light in the west Birds were no longer singing melancholy songs Herds of cows and women were returning home in the dusk I didn't see any fear and sadness in their faces.

They said the silent voices would now be heard "Now no one will remain suppressed or backward. They will lead a quality life."

With renewed hope and many expectations
We went home with broken limbs, amputated minds and bodies

Having lost our best friends and loved ones.

We hoped that we would see the sunshine
The sunshine that brings brightness
Removing the darkness.
Come the next day I was still waiting for the sunrise,
Hoping to get light onto my body.
Even in the middle of the day
No part of the sun's rays came to me or our village

I saw the same sufferings, pain, frustration, and unjustness.

Like me everyone was hoping and waiting for the bright light to come

But the light was so faint it could not reach us. It could not bring the change that we were looking for. Instead we remained divided in the name of caste and creed

And we were all separated by religion and region We were on the edge of a dangerous situation, even more than before

Our lives plunging toward crises unknown.



BEAUTY IS TO SEE BUT NOT TO TOUCH

The smell of fear spreads in the village
The holy cow tries to warn the girl
The girl like her own calf
Who she takes care of day and night.
She doesn't care about the lustrous green grass
When she sees the girl following behind
Touching her beautiful hair
Showing the beautiful body of a sixteen year old girl.
Today the holy cow doesn't have
Any interest in the grass
Instead tries to guide the girl
To move away from the shade
And return safe to her home
Because she smells the menace coming.

A wolf is waiting to snatch her beauty
Which is blushing day by day
Blooming like a golden lotus in the Garden of Eden.
Until yesterday nobody paid her any attention
Suddenly today when she blossoms
All are trying to steal her beauty.

The cruel wolf forgot the truth
"Beauty is to see but not to touch"
But he wanted not only to touch but
Drink the nectar before its time.
The holy cow tries to warn the lass

But the cow cannot say the words of danger Instead tears pour from her eyes.

She makes low warning sounds

To forewarn the girl and keep her safe

But the girl doesn't understand

What the holy cow is trying to tell her.

Within a second the girl is motionless on the ground And the wolf roars in his triumph
The holy cow breaks the shadows
Crossing all barricades to jump onto the wolf
Causing the wolf to take its last
breath. But the holy cow doesn't
celebrate her triumph
She feels pity for the girl who lays lifeless.
The holy cow looks helplessly at the girl
If only she could make others understand
the value of beauty
That "beauty is to see but not to touch."



WE CAN MAKE RIVER TO OCEAN

You know Nepal is rich in water resources
Water is one of our primary economic forces
We are the second richest country in the world
We can generate electricity and send it to the world.

Sorry to say that we don't have an ocean It doesn't stop our economic motion Since we have glaciers, lakes, and rivers That make us hydropower givers.

We have lots of monsoon rains
That bring us economic gain
But the rain can quickly become a flood
Drowning our joy in waves of mud.

Still we are happy and proud to say So what if we don't have ocean bays? We have more than six thousand rivers That we worship as our life givers.

Although we generate and sell electricity We live many days without its facility Still we don't complain to our authorities That we don't have light in our own cities.

Likewise we have lots of political institutions

But even in eight years we couldn't write a constitution.

We only know how to fight and blame each other And how to point our fingers at one another. We are unpredictable like the monsoon rain We often think and work for personal gain.

Like the monsoon river we go from rest to motion When we speak, we make a river to the ocean. That is the spirit of our political notion That we can easily make river to ocean.





CROSSROADS

Driving along I get to a crossroads
I have no idea which way to go
But I have to choose one direction
Move to one side
To avoid an accident
It is not my desire
But an obligation to overcome
The fatal accident rushing toward me.
I know it will be hard for me
To move my life in another direction
But if my change of heart liberates
The lives of innocent people then
It is my obligation to do so.

I know they are only trying to
Surmount barriers in their own lives
And lead a happy life.
I have no right to suppress
Their desires and dreams.
I want to be considerate and kind
So that everybody can lead a life
A happy and peaceful life
Without fear and misfortune.

They have the right To lead a happy and prosperous life Without dread, danger, or distress. But we often overlook their humanity
Who are we to obstruct their right of way
Just because we are in power
And wielding a powerful dollar.

How can we ask them to forfeit their life?
If we all followed the right path in life
There would not be any mishaps
No child would face misfortune
And she could return home safely every night.
All fear or uncertainty would go away
There would be trust in everyone's eyes.
Let them go forward with confidence
That they can only dream of now.



I SALUTE YOUR VALOR MY FRIEND

This poem is written in honor of Colonel M.N. Rai who was martyred in a gunfight with militants in Kashmir, India. He had been awarded the Republic Day Gallantry Medal for his bravery only 24 hours earlier in a celebration in New Delhi, India on January 26, 2015.

I had been reading news of victory About celebration and bravery. On that special day of the Republic All were dressed up and gathered to get A glance of the U.S. president To salute him and show pride On India's Republic Day. At the same event Brave soldiers were remembered Their stories of bravery were honored And various significant titles given. In the same row of brave soldiers Someone received a gallantry medal On India's Republic Day. But suddenly the next day the news came out About a soldier who was martyred Just one day after he had been honored. He was none other than Colonel M.N. Rai A brave soldier of the Queen of the Hill Martyred at Heaven of the Hill.

Along with the rest of the nation I mourned for his death And saluted his bravery. Suddenly as I was watching The wreath laying ceremony In honor of the brave army soldiers, I saw a familiar face That I had not seen for years. I saw the familiar face Grieving for his son's death Suddenly I had a flashback to my school days And I recognized this man as our principal and guru. Then I realized the body lying on the ground Was none other than my best friend Tapan Who always dreamt of being a soldier and serving the nation.

My friend, I have no words to say except
I honor your bravery
You who always led his troops from the front.
I salute your valor my friend
You saved civilians by sacrificing your own life.



IT'S COOL TO NOT GO THERE AND HAVE FUN

When you stand at an intersection It's easy to follow any direction
We are always lured to go the easy way
A way that leads to fun and pleasure
To exciting and risky places
Where teenagers think
It's cool to go and have fun.

They feel proud that it is the way
That their parents would never want them to go.
For them their parents are outdated
They are old fashioned and strict
Just like the DUI ticket
That the highway patrol officer gives to you
After you cross the speed limit.

The teens try to shortcut to the places
Where they can hang out and have
fun Eat, drink, and smoke the things they like.
They say they are having fun.

In your wisdom you tell them
"Take care and don't go over the speed limit"
"Come home in time and do your homework"
"I don't like you going out with him or her anymore"

"Improve your grades, it's time to choose a college"
"Make a wise decision, you are grown up now"
"Take care of your siblings and father who works so hard."

I can see you hear these lines and start to react It is clear that you are on the wrong track. You think it's cool to disobey the rules Cut classes without reason Hang out with the cool guys Hide your real self from everyone Dodge family and social functions Spend more and more time in the bathroom Lead an unorganized lifestyle.

Slowly you notice something is wrong.
Slowly you become addicted
You never noticed it before
That sneaky thing that
comes in your life
Without any visible signs, but slowly
Poisoning and controlling your veins.

Then it will be too late
You will be alone in the crowd
All your cool friends will be gone
Leaving you in the middle of the road
And you can't make a decision
About which way to go.
But there is always a way

To overcome your own mistakes
Be positive and control your nerve
Never lose your purpose and never give up
Accept that "We can be who we choose to be."

If you have the courage to change
And realize that you can change
Then you can overcome and lead a good life
A happy and significant life
You will realize the value of your life
And you might say
"It was cool to not go there and have fun."



SHIVERS IN THE HIMALAYAS

It was the sound of my cell phone
That alerted me to receive a call
It was an international call.
A call from my loved one
How could I ignore it?

I heard a voice so hysterical My hands started to tremble and rattle. I heard the faint voice in my ear Rolling down with tears –

My heartbeats were suddenly drawn.
Then only a grave silent tone
Leaving me behind, all alone.
I checked on social media
There was a quake beneath the Earth
That shivered the Himalayan girth.

Pushing, grinding on its way
Leaving nothing in its wake.
With everything falling apart T
error pierced through my heart.
The eternal history of holy God
Collapsed down into the mud.

In a blink our history and art, Culture, civilians – all fallen apart. Crumbling down came the historic steeple Leaving only remnants for the people In a blink we lost all our treasures To the unpredictable disaster.

After the catastrophic quakes
There came many subsequent shakes
And in the end I had only one query
Why must we endure an earthquake so scary?

There is only one answer for it
We are given this earthquake so scary
To remind us of the power of nature
To remind us to care for Mother Earth's future.

LET EVERYBODY GROW LIKE A TREE

We know

Days are passing

Without waiting for anybody

Who cares about past days and lost moments?

But if you look back

You see they become a history

Of all time because everyone has a history.

One may speak of it to everybody or just hide within it.

I don't believe

"Only winners write history"

Every loser has the greatest history

Of all time

Because everyone has a story to tell.

It depends on you

Whether you want to listen or not.

There are millions of unwritten histories

Millions of unsolved mysteries

Who cares what is happening

Around the world, beyond the horizon?

If we knew everyone's story

How beautiful would be the world!

If every small voice were heard

And given equal importance

All would grow like a tree

Expecting to touch the sky.



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